

**CBME: 1<sup>st</sup> MBBS**

**Foundation course Schedule**

Duration: one month (1<sup>st</sup> Aug to 31<sup>st</sup> August)

80 % Attendance Mandatory

**Orientation:** 1<sup>st</sup> August to 6<sup>th</sup> August

Date	9-11 Professional development and ethics	11 to 1 Skill	2 to 3 Sport & extra curricular activity Shaishav	3 to 5 English Gujarati Computer
1 <sup>st</sup>	<b>PRAVESHOTSAV</b>	<b>10.30-2.30</b> 10.30 to 11.30 Fees payment Opening of bank account, library account personal detail submission 11.30 to 1.00 Hostel Allotment: Purchase of hostel items from institute co-op store, Shifting to hostel 1.00 to 2.30 Antiragging affidavit notarized by students and parents 2.30 to 3.00 lunch		3.00 to 5.00 pm 3.00 to 3.15 Inauguration 3.15 to 3.45 Welcome by Seniors 3.45 to 4.00 Hostel rules: Warden <b>Dr Amit Parmar</b> 4.00 to 4.30 Antiragging and gemder Gender Harassment: <b>Dr H B Mehta</b> 4.30 to 5.00 Maharshi Charak oath (white coat ceremony) and feedback <b>Dr Chinmay</b>
2	Interpersonal relationship: <b>Dr B N Panchal,</b> <b>Professor and head Psychiatry</b> Break : <b>11.00 to 11.15</b> <b>With video</b>		College Visit: <b>Dr Jayesh Solanki/ Dr Tejas Ghuntla/Dr Akruti Parmar/ Dr Dhara Parekh/ Dr Hitesh Chauhan/</b>	
3	National health programes and policy & principles of family practice <b>Dr Kailesh Bhalani, Asso. Prof Community Medicine &amp; Coordinator Scientific review committee</b> <b>Dr Khyatiben Alternate therapy</b>		Hospital visit : <b>Dr Jayesh Solanki/ Dr Tejas Ghuntla/Dr Akruti Parmar/ Dr Dhara Parekh/ Dr Hitesh Chauhan/</b>	
4	<b>SUNDAY</b>			
5	Environmental issues: <b>Dr Ghanshyam Ahir, Asst Prof Community Medicine</b> <b>Dr. Chirag Andhariya: Alternate therapy</b>		Current scenario of health care system <b>DR Mihir Rupani, Asst Prof, Community Medicine</b>	
6	GMR <b>Dr Hariom Sharma Prof &amp; Head,</b> <b>Biochemistry and Member, Curriculum Committee/ Dr H B Mehta, Dean and professor of Physiology</b>		Homeopathy/Ayurved/Naturopathy 2-3 <b>DR Pranav Shah MD Homeopathy</b> 3-4 <b>Dr Puja Shah MD Ayurveda</b> 4-5 <b>Riddhiben, DNYS/</b>	

7	<p>Concept of professional development and ethics</p> <p><b>#DR Tarvadi, Asso Prof Forensic Medicine &amp; Curriculum committee member</b></p> <p><b>Mr Nishith Mehta Industrialist and Philanthropist</b></p>	<p>Time management</p> <p><b>#Dr Ashok Vala Asst Professor Psychiatry</b></p> <p><b>#Dr Dhandhukiya, Retd Principle, SNDT Mahila College, Bhavnagar</b></p>	<p><b>2 to 3 Sport &amp; extra curricular activity</b></p> <p><b>Shaishav</b></p>	<p><b>3 to 5 English Gujarati Computer</b></p>
8	<p>Consequences of unethical behaviour</p> <p><b>Dr Nilesh Parekh, Prof &amp; head, Ophthalmology and Ex Member Ethics committee MCI</b></p>	<p>Stress management</p> <p><b>Dr Hemant Mehta Dy Inspector General Ashok Yadav(IPS)</b></p>	<p>Tree plantation</p>	<p><b>3 to 5 English Gujarati Computer</b></p>
9	<p>Importance of integrity and honesty</p> <p><b>Dr Tejas Modi Prof Of Medicine and Curriculum committee Member</b></p> <p><b>Sadhguru Jaggi Vasudev Video</b></p>	<p>Pharmacovigilance</p> <p><b>Dr Bhargav Purohit, HoD Pharmacology</b></p> <p>ICMR Student Project</p> <p><b>Dr Jayesh Solanki, Asst Prof Physiology,</b></p>	<p><b>2 to 3 Sport &amp; extra curricular activity</b></p> <p><b>Shaishav</b></p>	<p><b>3 to 5 English Gujarati Computer</b></p>
10	<p>Interaction with professional colleague and other roles of doctor, rights of doctor</p> <p><b>Dr Vikas Sinha, Med Suptd and prof ENT &amp; Videos</b></p> <p>Interaction with patient and patients relative their rights</p> <p><b>Dr Tejas Modi</b></p>	<p>Use of electronic communication</p> <p>Use of mobile in med education</p> <p><b>Dr Mehul Gosai</b></p> <p>Simulation based learning</p> <p><b>Dr Chinmay Shah, HOD, Physiology and MET Coordinator, FAIMER</b></p>	<p><b>2 to 3 Sport &amp; extra curricular activity</b></p> <p><b>Shaishav</b></p>	<p><b>3 to 5 English Gujarati Computer</b></p>
11	<b>SUNDAY</b>			
12	<b>BAKRI ID</b>			

13	<b>Shree Subhash Bhatt, Professor Sociology</b> <b>Dr Pankaj Joshi, Vice Chancellor, Changa University and Astrophysicist</b>	<b>Vinubhai Gandhi</b> <b>BK DR Niranjnanaben</b> <b>BK Truptiben</b>	<b>2 to 3</b> <b>Sport &amp; extra curricular activity</b> <b>Shaishav</b>	<b>3 to 5</b> <b>English</b> <b>Gujarati</b> <b>Computer</b>
14	Function as team/group dynamics <b>Dr Chinmay Shah</b>	<b>Movie 'Shwas' and discussion on Doctor patient relationship</b>	<b>2 to 3</b> <b>Sport &amp; extra curricular activity</b> <b>Shaishav</b>	<b>3 to 5</b> <b>English</b> <b>Gujarati</b> <b>Computer</b>
15	<b>INDEPENDANCE DAY CELEBRATION</b>			
16	Consumer protection act <b>Dr Amit Parmar, Prof &amp; Head, Forensic Medicine</b> Medical record <b>Dr Kashyap Dave</b> Medical record Officer	Importance of hygiene, handwash, Needle scalpel injury and universal precaution <b>Dr Jigna Dave, Prof &amp; Head, Pulmonary Medicine</b> Ethics in research <b>Dr Harish Trivedi, Asso Prof Ophthalmology and Member ,Curriculum committee</b>	<b>2 to 3</b> <b>Sport &amp; extra curricular activity</b> <b>Shaishav</b>	<b>3 to 5</b> <b>English</b> <b>Gujarati</b> <b>Computer</b>
17	<b>PARSI NEW YEAR</b>			
18	<b>SUNDAY</b>			
19	<b>Goal of Life</b> <b>Dr H B Mehta</b>	Immunization requirement of health care professional <b>Dr Jayendra Gohil, Prof &amp; Head, Pediatrics</b> First Aid <b>Dr Smit Mehta?</b>	<b>2 to 3</b> <b>Sport &amp; extra curricular activity</b> <b>Shaishav</b>	<b>3 to 5</b> <b>English</b> <b>Gujarati</b> <b>Computer</b>
20	<b>2 to 3</b> <b>Sport &amp; extra curricular activity</b>	<b>3 to 5 English</b> <b>Gujarati</b> <b>Computer</b>	Basic life support <b>DR Shilpa Doshi, Associate professor of Anesthesiology and Resident Doctors</b>	
21	<b>Field visit to comunity health center</b>			
22	Self defence <b>Smt Lataben/Dr Neha Gohil/Police officers</b> <b>Bhavnagar</b>		<b>2 to 3</b> <b>Sport &amp; extra curricular activity</b> <b>Shaishav</b>	<b>3 to 5</b> <b>English</b> <b>Gujarati</b> <b>Computer</b>
23	Evidence based medicine <b>Dr Hita Mehta, Prof &amp; head, Dermatology</b> Narratives and reflection writing <b>Dr Chinmay</b>	Concept of biosafety <b>Dr Nilesh Patel, Asso Prof Microbiology</b> Hazards of biological waste and its disposal <b>Dr Saklein, Asst Prof Microbiology</b>	<b>2 to 3</b> <b>Sport &amp; extra curricular activity</b> <b>Shaishav</b>	<b>3 to 5</b> <b>English</b> <b>Gujarati</b> <b>Computer</b>

24	<b>JANMASHTAMI</b>			
25	<b>SUNDAY</b>			
26	Scientific writing and Ethics in publication <b>Dr Seema Baxi, Addl Prof Pathology</b> <b>Dr Chinmay Shah</b>		<b>2 to 3</b> Sport & extra curricular activity Shaishav	<b>3 to 5</b> English Gujarati Computer
27	Ethical issues with Artificial reproductive technique <b>DR Rajni Parikh, Asso Prof Obs &amp; Gynecology</b> Health economics <b>DR Atul Trivedi, Asso Prof Community Medicine</b>	<b>Exercise and health</b> <b>Dr HB mehta</b>	<b>2 to 3</b> Sport & extra curricular activity Shaishav	<b>3 to 5</b> English Gujarati Computer
28	Ethical issues with Genetic engineering <b>Dr Hariom</b> Ethical issues with Stem cell research <b>Dr Kairavi</b>	Sleep hygiene <b>Dr Manjula Jamaliya, Associate prof Physiology and Warden Girls Hostel</b> Physical health and food <b>Dietician and Dr Hita Mehta</b>	<b>2 to 3</b> Sport & extra curricular activity Shaishav	<b>3 to 5</b> English Gujarati Computer
29	Reading and recalling, Learning method, <b>DR Swapnil Parlikar, Asst Prof Physiology and FAIMER fellow</b> <b>Dr Harish Trivedi</b>		<b>2 to 3</b> Sport & extra curricular activity Shaishav	<b>3 to 5</b> English Gujarati Computer
30	Brain death and organ donation <b>Dr Kabariya, Neurosurgeon</b> Ethical issues and Euthanesia <b>Dr Sushil Jha, Prof &amp; head, ENT</b>	Humanities in med education <b>Dr Chinmay Shah, HOD Physiology, MET coordinator and FAIMER fellow</b>	<b>2 to 3</b> Sport & extra curricular activity Shaishav	<b>3 to 5</b> English Gujarati Computer
31	Newer Assessment methods <b>DR Tarvadi, Asso Prof Forensic Medicine</b>	<b>Training of how to use fire extinguishers</b> <b>By Agency refilling extigushers at our institute and fire dept personnels from municiple corporation</b>	<b>2 to 3</b> Sport & extra curricular activity Shaishav	<b>3 to 5</b> English Gujarati Computer

Sports and extracurricular activity by 1. Gym Instructor, 2. "Shaishav" NGO

Computer Teaching by : College computer dept headed by system manager and his team

Course Duration: Sept to August

Uni exam Sept: 5<sup>th</sup> sept/7<sup>th</sup> sept 9<sup>th</sup> sept/10<sup>th</sup> sept 12<sup>th</sup> sept/14<sup>th</sup> sept 16,17,18,19<sup>th</sup> sept

Total weeks and hours available for actual teaching

**Total 52 wks MINUS 12 weeks**

[2 wk between Prelim and Uni,

2 wks for prelim, □ 1<sup>st</sup> /3<sup>rd</sup> Aug 2020 Anatomy, 5<sup>th</sup> /6<sup>th</sup> Aug Physiology, 7<sup>th</sup> /8<sup>th</sup> August Biochemistry  
11<sup>th</sup> to 14<sup>th</sup> August Practical

1 wk each for Term ending 1(30<sup>th</sup> Nov/2<sup>nd</sup> dec/3<sup>rd</sup> dec 4 to 7<sup>th</sup> dec)

1 wk term ending 2 (7<sup>th</sup> march, 9<sup>th</sup> march, 10<sup>th</sup> march 11 to 14<sup>th</sup> march

1 wk for diwali (27<sup>th</sup> october to 3<sup>rd</sup> november)

1 wk for summer(7<sup>th</sup> to 14<sup>th</sup> june)

1 wk sports and cultural week( 26<sup>th</sup> April to 2<sup>nd</sup> may) ???

3 wks public holidays

**12 weeks]**

=40 wks\* 39 hours =**1560 hours Minus 160 hours**

87/90 hours for Early Clinical Exposure: } 120/124 (3hrs/wk+40)

33/34 hours for AETCOM(Attitude,Ethics,COMmunication): }

40/60 (rest with spots and cultural week) Sports: (1 hr/wk)(+39 for sports and cultural wk) =total 79

**160 hours**

1400

**Anatomy : 656/675** (Didactic: **220**( 40\*4.5 +40\*1 to accommodate demonstration)/220 (40\***5.5**)+  
SGD: **400/415** (40\***10**) + SDL: **36/40** (40\***1** ) )

**Physiology: 500/495** (Didactic: **160/160** (40\***4**) + SGD: **320/310** (40\***6** with biochem+40\***2** one with  
biochem and PSM) + SDL:**20/25**(40\***0.5**)with biochemistry)

**Biochemistry: 240 /250** (Didactic: **80/80** (40\***2**) + SGD:**140/150** (40\***3** hrs with physiology+40\***0.5**  
with physiology)+ SDL: **20/20**(40\***0.5** with physiology))

**Community Medicine: 44/ 52** (Didactic **20/20** (40\***0.5** with anatomy ) + **20/32** ( 40\***0.5**) (SGD:with  
physiology**20/27** + with anatomy SDL 4/5)

Total: 1440

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9-10	Phy	Bio	Anat/PSM	Anat	Phy	Anat-SGD
10-11	Anat	Anat	Phy	Phy	Anat	Bio
11-12	Anat Hist A Dissection	Anat Hist B Dissection	Anat Hist C Dissection	Anat Hist D Dissection	Anat Hist E Dissection	SGD –AB Phy/bio
12-1						Phy/com med SGD BA
1-2	LUNCH BREAK					

2-3	A:phy Prac (hemat/exp)	SGD AB phy/phy	B:phy Prac (hemat/exp)	Sport/Extr a curricular	C:phy Prac (hemat/exp)	
3-4	B:phy Prac (Clinical)	Anat/psm SDL	C:phy Prac (Clinical)	Ant/Phy/ Bio	A:phy Prac (Clinical)	
4-5	C: Bio Prac	SDL phy/bio	A: Bio Prac	ECE And AETCOM	B: Bio Prac	
5-6	~	~	~			

Per week physiology

Topics covered: Phy: Didactic: 4, SGD: 2 topic, Practical 2 topics, ECE/AETCOM:0/1

Competency☐ Objectives☐

(Objective☐Practical),

(Objective☐ Demonstration),

Objective☐SGD,

Objective☐ Didactic,

Teacher required: Monday 1+2, Tuesday 2, Wednesday: 1+2, Thursday 2, Friday 1+2, Saturday :1